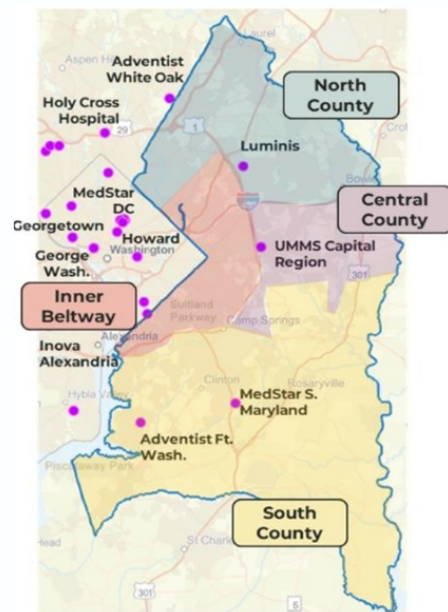


COMMUNITY HEALTH RESOURCES

A Partial Listing of Dental, Medical, Vision and Social Service Resources

*Lista parcial de recursos dentales, médicos, oftalmológicos
y de servicios sociales*

Largo • Takoma Park • Surrounding Communities / Comunidades Aledañas



RAM-Largo, MD
October 3-4, 2026



RAM-Takoma Park, MD
October 17-18, 2026

**Compiled for Remote Area Medical (RAM) Prince George's County Clinics
by Hear to HEAL, Inc.**

*Elaborado para las clínicas de Remote Area Medical (RAM) del condado
de Prince George's por Hear to HEAL, Inc.*



Hear to H.E.A.L.
Help. Empower. Advocate. Lead.

October 2026



Health and Health Equity in Prince George's County

In 2025, the top health priorities in the county were: Chronic disease, Maternal and Infant Health, Behavioral Health, Access to Care, and Social Determinants of Health. Diabetes, obesity, hypertension, and heart disease are the leading chronic diseases.

The county Population is 947,430, including 64% non-Hispanic Blacks, 23% Hispanic, 11% White (non-Hispanic) and 4% Asian (non-Hispanic). This program targets zip codes based on the County's Health Equity Index which calculates several social and economic factors that are correlated with poor health outcomes. Although health services in the county are increasing, residents are unaware of programs offered or how to access them.

www.princegeorgescountymd.gov/2025communityhealthassessment

About Hear to HEAL: Advancing Health Equity Through Education, Empowerment, and Advocacy

Hear to HEAL, Inc. connects communities to resources, clinicians to advanced education and students and practitioners to opportunities for volunteer service. The project's Diabetes Initiative centers on Diabetes and its comorbidities, with a particular focus on the intersection of oral and systemic health. It leverages strategic partnerships to deliver impactful health services and education; empower communities; and advocate for sustainable change.

www.heartoheal.org

About RAM

Remote Area Medical (RAM) is an international, not-for-profit corporation, established in 1985 by Stan Brock to prevent pain and alleviate suffering by providing free quality dental, medical and vision care to those in need. Since then, RAM has operated 1,200 free pop-up clinics around the country, served 1 Million patients, recruited 251,000 volunteers and has provided \$242 Million in free health care.

www.ramusa.org



Salud y equidad en salud en el condado de Prince George's

En 2025, las principales prioridades de salud en el condado fueron: enfermedades crónicas, salud materno-infantil, salud conductual, acceso a la atención médica y determinantes sociales de la salud. La diabetes, la obesidad, la hipertensión y las enfermedades cardíacas son las principales enfermedades crónicas.

La población del condado es de 947 430 habitantes, de los cuales el 64 % son afroamericanos no hispanos, el 23 % hispanos, el 11 % blancos (no hispanos) y el 4 % asiáticos (no hispanos).

Este programa se enfoca en códigos postales según el Índice de Equidad en Salud del condado, el cual calcula varios factores sociales y económicos que están relacionados con resultados de salud desfavorables. Aunque los servicios de salud en el condado están aumentando, los residentes desconocen los programas que se ofrecen o cómo acceder a ellos.

www.princegeorgescountymd.gov/2025communityhealthassessment

Acerca de Hear to HEAL: Promoviendo la equi- dad en la salud a través de la educación, el empoderamiento y la defensa

Hear to HEAL, Inc. conecta a las comunidades con los recursos, a los profesionales de la salud con la educación avanzada y a los estudiantes y profesionales con oportunidades de servicio voluntario. La Iniciativa sobre la Diabetes del proyecto se centra en la diabetes y sus comorbilidades, con un enfoque particular en la relación entre la salud bucal y la salud sistémica. Aprovecha alianzas estratégicas para brindar servicios de salud y educación de gran impacto; empoderar a las comunidades; y abogar por un cambio sostenible. www.heartoheal.org

Remote Area Medical (RAM)

Remote Area Medical (RAM) es una organización internacional sin fines de lucro, fundada en 1985 por Stan Brock con el objetivo de prevenir el dolor y aliviar el sufrimiento mediante la prestación de atención dental, médica y oftalmológica gratuita y de calidad a quienes más lo necesitan. Desde entonces, RAM ha puesto en funcionamiento 1,200 clínicas temporales gratuitas en todo el país, ha atendido a 1 millón de pacientes, ha reclutado a 251,000 voluntarios y ha brindado 242 millones de dólares en atención médica gratuita.

www.ramusa.org



PRINCE GEORGE'S COUNTY DENTAL MEDICAID OFFICES BY ZIP CODE

M = Medicaid N = New Patients W = Weekends E = Evenings S = Spanish

Largo & Mitchellville (Zip Codes 20774, 20721)

Aspen Hill Implant & Family Dentistry

1401 Mercantile Ln. Suite 583, Largo, MD 20774
(301) 773-4177
M ✓ N ✓ W × E × S ✓

EZE Dental - Dr. Chibueze Okoro

1400 Mercantile Ln. Suite 100, Largo, MD 20774
(301) 691-5605
M ✓ N ✓ W × E × S ✓

Smiles Dentistry of Mitchellville

Dr. Valencia Bartholomew
1721 Woodmore Rd. Suite 170, Mitchellville, MD 20721
(301) 381-5259
M ✓ N ✓ W × E ✓ S ✓
M-Th: 7-7pm

Smiles Pediatric Dental Care

1401 Mercantile Ln. Suite 102, Largo, MD 20774
(301) 200-8112 or (301) 710-5767
M ✓ N ✓ W ✓ E × S ✓
Sat. 8:30 a-2:30 p

The Neighborhood Dentist

9300 Lottsford Rd Unit 400, Largo, MD 20774
(240) 232-2844
M ✓ N ✓ W × E × S ✓

Woodview Dental Specialists

1401 Mercantile Ln. Suite 102, Largo, MD 20774
(301) 773-7703 or (301) 341-0041
M ✓ N ✓ W × E × S ✓

Lanham, Bowie, Landover Hills, Seabrook, New Carrollton (Zip Codes 20706, 20784, 20720)

Adventure Dental

6725 Annapolis Rd., Landover Hills, MD 20784
(301) 773-4746
M ✓ N ✓ W ✓ E ✓ S ✓
Some weekend hours. M-F 8-4:30

Bright Starr Pediatric Dentistry

10201 Martin Luther King, Jr. Hwy. Suite 240A, Bowie, MD 20720
(240) 764-5753
M ✓ N ✓ W × E × S ✓

Children's Choice Pediatric Dentistry

8500 Annapolis Rd. Suite 213, New Carrollton, MD 20784
(301) 731-8510
M ✓ N ✓ W × E × S ✓

Dawn A. Shaw, DDS, LLC

6827 Annapolis Rd., Landover Hills, MD 20784
(301) 773-7588
M ✓ N ✓ W × E × S ✓

Dr. Ulysses S. Martin, Jr.

7726 Finns Ln. Suite 103, Lanham, MD 20706
(301) 731-0030
M ✓ N ✓ W × E ✓ S ✓
Tues and Thurs open until 6pm

GlowSmiles

9433 Annapolis Rd., Lanham, MD, 20706
(240) 583-1771
M ✓ N ✓ W × E × S ✓

Paper, Jeffrey DDS

9344 Lanham Severn Rd, Suite 112, Seabrook, MD 20706
(301) 773-2070 or (301) 577-1244
M ✓ N ✓ W ✓ E ✓ S ✓
Sat. until noon | Tues 6pm

Landover Hills Dental Care

6921 Annapolis Rd, Landover Hills, MD 20784
(301) 577-7300
M ✓ N ✓ W × E × S ✓

Lanham Family Dental

9320 Annapolis Rd. Suite 101, Lanham, MD 20706
(301) 577-6002
M ✓ N ✓ W × E ✓ S ✓
Mon and Thurs 9-7pm

Lanham Smiles Family Dentistry

9500 Annapolis Rd. Suite C6, Lanham, MD 20706
(301) 459-0914
M ✓ N ✓ W ✓ E × S ×
Saturday until 2pm

Smiles Pediatric Dental Care

10605 Greenbelt Rd., Lanham, MD 20706
(301) 552-3807
M ✓ N ✓ W ✓ E × S ✓
M: under 21 | Open 2 Saturdays per month 9:30-1:30 pm

Smile Loft Landover Dental, LLC

7101 Annapolis Rd., Landover Hills, MD 20784
(301) 577-6333
M ✓ N ✓ W × E × S ✓

M = Medicaid N = New Patients W = Weekends E = Evenings S = Spanish

Upper Marlboro (Zip Code 20772)

Dr. Roh Family Dentistry

14446 Old Mill Rd. #101, Upper Marlboro, MD 20772

(301) 952-8515

M✓ N✓ W× E× S×

Marlborough Village Pediatric Dental Care

5098 Brown Station Rd. Suite 260, Upper Marlboro, MD 20772

(240) 326-3738

M✓ N✓ W× E× S✓

Cheverly, Hyattsville, Landover (Zip Codes 20785)

Cheverly Health Center Dental Clinic

3003 Hospital Dr. Suite 1048, Cheverly, MD 20785

(301) 583-5900

M✓ N✓ W× E× S✓

Fortis College - Landover Dental Hygiene Program

4351 Garden City Drive Landover, MD 20785;

301-459-3650, Ext. ; 4150

Healthy Dental of Landover, LLC

7023 Martin Luther King Jr Hwy, Hyattsville, MD 20785

(301) 882-8888

M✓ N✓ W× E× S✓

Special Care Dentistry

8700 Central Ave, Landover, MD 20785

(301) 735-3006

M✓ N✓ W× E× S×

Hyattsville, Adelphi (Zip Codes 20782, 20783)

Adelphi Dental Associates, PC

3311 Toledo Terr. Suite B104, Hyattsville, MD 20782

(301) 853-2111

M✓ N✓ W✓ E× S✓

Open 2 Saturdays a month

Dr. Deepa, S. DMD

6525 Belcrest Rd. Suite 212, Hyattsville, MD 20782

(301) 927-2900

M✓ N✓ W× E× S✓

Dental Group of Hyattsville

5402 Queens Chapel Rd., Hyattsville, MD 20782

(301) 327-4041

M✓ N✓ W✓ E× S✓ W

Tues and Thurs until 6pm

George P. Harding & Associates

3311 Toledo Terrace Suite C203, Hyattsville, MD 20782

(301) 559-0404

M✓ N✓ W× E× S✓

Healthy Dental of Hyattsville, LLC

3114 Queens Chapel Rd., Hyattsville, MD 20782

(301) 338-8888

M✓ N✓ W✓ E× S✓

Open some Saturdays

iBrush Family Dental Care

2970 Belcrest Center Dr. Suite 105, Hyattsville, MD 20782

(301) 559-9000

M✓ N✓ W× E× S✓

Jovial Smiles

2045 University Blvd. E Suite 201, Hyattsville, MD 20783

(240)670-8197

M✓ N✓ W× E× S✓

Dr. Mfon Umoren

6495 New Hampshire Ave Suite B250, Hyattsville, MD 20783

(301) 439-5868

M✓ N✓ W× E✓ S✓

Wednesdays until 6:30pm

Paul W. Ashley DDS, PC

7411 Riggs Rd. Suite 101, Adelphi, MD 20783

(301)439-5680

M✓ N✓ W× E✓ S✓

Wednesday and Thursday until 6pm

R3 Orthodontics

3600 East West Hwy. Suite 400, Hyattsville, MD 20782

(301) 454-0300

M✓ N✓ W× E× S✓

Stephen Clark DDS,LLC

6921 Annapolis Rd., Hyattsville, MD 20784

(301) 577-7300

M✓ N✓ W× E× S✓

Taunya L. Jenkins, LLC DDS

6525 Belcrest Rd. Suite 201, Hyattsville, MD 20782

(301) 779-0522

M✓ N✓ W× E× S✓

District Heights, Capitol Heights (Zip Codes 20747, 20743)

Dr. Dianne Whitfield-Locke

5105 Marlboro Pike, Capitol Heights, MD 20743

(301) 420-1464

M✓ N✓ W× E× S×

M = Medicaid N = New Patients W = Weekends E = Evenings S = Spanish

Essence Dental Care PA

5805 Silver Hill Rd. Suite G, District Heights, MD 20747
(301) 568-8444
M✓ N✓ W✓ E× S✓
M: (Up to 20 yrs.) | Some Saturdays

Family First Dental

4813 Marlboro Pike, Capitol Heights, MD 20743
(301) 420-2211
M✓ N✓ W× E× S×

Healthy Dental LLC

5570 Silver Hill Rd, District Heights, MD 20747
(301) 202-2222
M? N? W? E? S?

Pine Dentistry

6471 Marlboro Pike, District Heights, MD 20747
(240)392-3248
M✓ N✓ W✓ E✓ S✓
Saturdays 9-2 | M-F 9-6

**College Park, Takoma Park
(Zip Codes 20740, 20912)**

Comfy Dental, LLC

7505 New Hampshire Ave. Suite 305, Takoma Park, MD 20912
(301) 445-5885
M? N? W? E? S?

Confident Smiles, LLC

7511 New Hampshire Ave., Takoma Park, MD 20912
(301) 431-6883
M? N? W? E? S?

Dentist and Dental Implants Near Me

4809 Greenbelt Rd., College Park, MD 20740
(703) 623-2388
M? N? W? E? S?

Dozier Dentistry, PC

1107 Sligo Creek Parkway, Takoma Park, MD 20912
(301) 891-7760
M✓ N✓ W× E× S✓

Elaine Ellis

Howard University College of Dentistry
10001 Rhode Island Ave., College Park, MD 20740
(301) 441-1605
M✓ N✓ W× E✓ S✓
M: and ALSO Sliding Fee Scale | Open until 6:30 p.m.

Expert Smiles, LLC

7307 Baltimore Ave. Suite 114, College Park, MD 20740
(443)345-8105
M✓ N✓ W✓ E× S✓
2 Saturdays and 1 Sunday per month

Kidz & Family Dental Center II

1350 Holton Ln., Takoma Park, MD 20912
(301)445-8182
M✓ N✓ W✓ E× S✓
(Saturday 9-1)

Megan A. Manswell, DDS, PA

7506 New Hampshire Ave., Takoma Park, MD 20912
(301) 434-1230
M✓ N✓ W× E× S×

Pine Dentistry

1147 University Bld. E, Takoma Park, MD 20912
(301) 830-5150
M✓ N✓ W✓ E✓ S✓
Saturdays 9-2 | E: 9-6pm

Sahle S. Araya, BDS, DDS, PA

7676 New Hampshire Ave. Suite 321, Takoma Park, MD 20912
(301) 439-3917
M✓ N✓ W× E× S✓

Wong Family Dental

7305 Baltimore Ave. Suite 206, College Park, MD, 20740
(301)864-3100
M✓ N✓ W× E× S×

Zenith Family Dental Clinic LLC

9009 Rhode Island Ave, College Park, MD 20740
(301) 235-9944
M✓ N✓ W✓ E✓ S✓
Two Saturdays a month | Mondays until 7pm

**Hillcrest Heights, Temple Hills, Camp
Springs (Zip Codes 20746, 20748)**

All Smiles Dental Care, PC

3847 Branch Ave, Suite 124, Temple Hills, MD 20748
(301) 702-4080
M✓ N✓ W× E× S✓

Michael Ntuk, DDS

3611 Branch Ave. Suite 405, Temple Hills, MD 20748
(301) 899-0871
M? N? W? E? S?

Oral Health Guardians, LLC

4400 Telfair Blvd. Suite A1, Camp Springs, MD 20746
(301) 909-5855 or (301) 848-6502
M? N? W? E? S?

M = Medicaid N = New Patients W = Weekends E = Evenings S = Spanish

Rion Balgrove

3731 Branch Ave. Suite 301, Hillcrest Heights, MD 20748
(301) 702-3382
M✓ N✓ W× E✓ S× E: Tuesday until 6pm

SMILE Loft Silver Hill, LLC

4033 Silver Hill Rd., Hillcrest Heights, MD 20746
(301) 899-2500
M✓ N✓ W× E S✓

Greenbelt (Zip Codes 20770, 20737)

ASBA Dental, LLC

7525 Greenway Ctr. Dr. Suite 102, Greenbelt, MD 20770
(301) 345-2881
M✓ N✓ W× E× S×
M: (14 years and under)

Behnaz Shakoori, DMD, LLC

7600 Hanover Pkwy. Suite 200, Greenbelt, MD 20770
(301) 474-1110
M✓ N✓ W× E× S×
M: (20 years and under)

Cunping Qui DMD, LLC

5711 Sarvis Ave. Suite 600, Riverdale, MD 20737
(301) 864-7006
M✓ N✓ W✓ E✓ S× W:
One Saturday/month | Monday and Wednesday 9-6p

Dr. H. Vazan and Associates

7209 Hanover Pkwy. Suite B, Greenbelt, MD 20770
(301) 446-0100
M✓ N✓ W× E× S✓

Family Dental Groups, Inc.

7500 Hanover Pkwy. Suite 106, Greenbelt, MD 20770
(301) 474-9100
M✓ N✓ W× E× S✓

Greenbelt Dental

7525 Greenway Center Dr. Suite 102, Greenbelt, MD 20770
(301) 778-2806
M? N? W? E? S?

Greenbelt Dental Associates, LLC

7500 Greenway Center Dr. Suite 120, Greenbelt, MD 20770
(301) 474-2505
M✓ N✓ W× E✓ S✓
Wednesdays until 6pm

Greenbelt Smiles, LLC

7221 Hanover Pkwy. Suite A, Greenbelt, MD 20770
(301) 345-2222
M✓ N✓ W× E× S✓
M: (21 years and under)

IB DENTAL III, PC

7500 Hanover Pkwy Suite 106, Greenbelt, MD 20770
(301) 474-9100
M? N? W? E? S?

ORA GLEN DENTAL SERVICES

7615 Ora Glen Dr., Greenbelt, MD 20770
(301) 340-7525
M✓ N✓ W× E× S✓

PG Family Dentistry

5310 Kenilworth Ave., Riverdale Park, MD 20737
(301) 277-1214
M✓ N✓ W× E× S✓

Premium Family Dentistry

7500 Hanover Pkwy Suite 202, Greenbelt, MD 20770
(240) 790-8989
M✓ N✓ W× E× S✓

Riverdale Park Pediatric Dentistry

4595 Van Buren St. Suite 230, Riverdale Park, MD 20737
(240) 424-5361
M✓ N✓ W× E× S✓

SKP Family Dental, LLC

7525 Greenway Center Dr. Suite 310, Greenbelt, MD 20770
(240) 553-7772
M✓ N✓ W× E× S✓

Washington, DC Dental Offices Accepting Maryland Medicaid

Capitol Smiles

4914 Central Ave. NE, Washington, DC 20019
(202) 742-9833
M✓ N✓ W× E× S×

Dental Dreams

3925 Minnesota Ave., NE, Washington, DC 20019
(202) 396-1444
M✓ N✓ W× E× S✓

East of the River Health Center (Unity Healthcare)

4414 Benning Rd. NE, Washington, DC 20019
(202) 469-4699
M✓ N✓ W E× S✓

Elaine Ellis Center of Health (FQHC)

1627 Kenilworth Ave., NE, Washington, DC 20019
(202) 803-2340
M✓ N✓ W× E✓ S✓
Sliding Fee Scale | M-F 9-6pm

Howard University College of Dentistry

600 W St. NW, Washington, DC 20059

Dental Clinic - (202) 806-0007

M ✓ N ✓ W ✗ E ✗ S ✗

Parkside Health Center (Unity Healthcare)

765 Kenilworth Ter, NE, Washington, DC 20019

(202) 469-4699

M ✓ N ✓ W ✗ E ✗ S ✓

Federally Qualified Health Centers (FQHC)

Greater Baden Medical and Dental Services

- **Greater Baden at Brandywine (FQHC)**
7450 Albert Rd, Brandywine, MD
(301) 888-2233.
- **Greater Baden at Oxon Hill (FQHC)**
6196 Oxon Hill Road, #540 Oxon Hill, MD 20745
(301) 686-1665
- **Greater Baden at Capitol Heights (FQHC)**
1442 Addison Rd. S, Capitol Heights, MD. 20743
(301) 888-2233

Vision Care

VisionWorks

Dr. Ashley Westbrook

2830 Campus Way N. #628, Lanham, MD 20706

(301) 322-1037

VisualEyes

Dr. Alexander Nnabue, O.D., P.A.

10240 Lake Arbor Way, Mitchellville, MD 20721

(301) 324-9500

<https://visualeyesgroup.com/>

VisualEyes

6088 Greenbelt Rd. #44, Greenbelt, MD 20770

(301) 614-3937

<https://visualeyesgroup.com/>

VisualEyes

1835 University Blvd. #228, Hyattsville, MD 20783

(301) 434-3937

<https://visualeyesgroup.com/>

VisualEyes

10313 Georgia Ave. #109, Silver Spring, MD 20902

(301) 681-9797

<https://visualeyesgroup.com/>

Diabetes and Chronic Disease Support

Prince George's County, Maryland

Capital Diabetes & Endocrine Associates

5801 Allentown Rd., Suite 500, Camp Springs, MD 20746

301-899-7713

<https://capitalendo.org/>

CCI Health Services - Federally Qualified Health Center (FQHC)

<https://cciweb.org/>

- **Greenbelt (FQHC)**
7615 Ora Glen Dr., Greenbelt, MD 20770
240-650-0811
 - **Greenway (FQHC)**
7474 Greenway Center Dr., Suite 300, Greenbelt, MD 20770
866-877-7258
 - **Hyattsville (FQHC)**
1401 University Blvd. E., Suite 300, Hyattsville, MD 20783
301-439-7373
 - **Silver Spring (FQHC)**
8630 Fenton St., Suite 1200, Silver Spring, MD 20910
240-650-0811
 - **Takoma Park (FQHC)**
7676 New Hampshire Ave., Suite 220A, Takoma Park, MD 20912
240-650-0811
-

Children's National Hospital

111 Michigan Ave. NW, Washington, DC 20010

Service: Pediatric diabetes

888-884-2327

<https://childrensnational.org>

The Diabetes and Endocrine Wellness Center, LLC

9701 Apollo Dr., Suite 401, Largo, MD

240-825-3040

Endocrine & Diabetes Group

5801 Allentown Rd., Suite 500, Suitland, MD 20746

301-899-7713

Howard University Hospital Diabetes Treatment Center

2041 Georgia Ave. NW, Suite 197, Washington, DC 20060

202-865-3350

<https://www.huhealthcare.com/>

Kaiser Permanente – Hyattsville

5620 Ager Rd., Hyattsville, MD 20782

240-906-6500

<https://healthy.kaiserpermanente.org/>

Kaiser Permanente – Largo Medical Center

1221 Mercantile Ln., Largo, MD 20774

301-618-5500

<https://healthy.kaiserpermanente.org/>

La Clínica del Pueblo

2970 Belcrest Center Dr., Suite 301, Hyattsville, MD 20782
240-714-5247
<https://lcdp.org>

Luminis Health Diabetes Education Center

8100 Good Luck Rd., Lanham, MD 20706
301-552-8661
<https://luminishealth.org>

MedStar Health Endocrinology at Mitchellville

12168 Central Ave., Mitchellville, MD 20721
301-430-2750
<https://medstarhealth.org>

Prince George's County Diabetes Prevention Programs

Telehealth Diabetes Self-Management Education and Support:
Prevention Link Programs
701 McCormick Dr., Suite 220, Largo, MD 20774
301-883-2589
preventionlink@co.pg.md.us

Prince George's County Health and Wellness – Chronic Disease

9187 Central Ave., Fifth Floor, Capitol Heights, MD 20743
301-856-9643 | TTY: 711
wellnessinfo@co.pg.md
<https://www.princegeorgescountymd.gov/departments-offices/health/health-and-wellness/chronic-disease>

University of Maryland Capital Region Medical Center – Diabetes Services

901 Harry S. Truman Dr. N., Largo, MD 20774
240-677-1000
<https://www.umms.org/capital/health-services/diabetes>

MedStar Washington Hospital Center – Endocrinology

110 Irving St. NW, Suite 3800, Washington, DC 20010
202-877-2300
<https://www.medstarhealth.org/>

Washington, DC Diabetes Support

Bread for the City Medical Clinic

1525 7th St NW, Washington, DC, 20001
Service Type: Low-cost care
<https://breadforthecity.org/>

Center of Diabetes Thyroid and Endocrinology

1160 Varnum St NE #111, Washington, DC 20017
Service Type: Diabetes and thyroid
<https://centerofdiabetes.com/>

Children's National Hospital Diabetes Program

111 Michigan Ave NW, Washington, DC, 20010
Service Type: Pediatric diabetes care
<https://www.childrensnational.org/>

Howard University College of Dentistry

600 W St., NW, Washington, DC, 20059
Service Type: Dental care, oral health prevention, diabetes management
(202) 806 1707
<https://dentistry.howard.edu/>

Howard University Hospital | Diabetes Treatment Center

2041 Georgia Ave NW, Suite 197 Washington, DC, 20060
Service Type: Hospital-based diabetes care; Full diabetes services
(202) 865-3350
<https://www.communityofhopedc.org>

La Clinica del Pueblo (FQHC)

2831 15th St NW, Washington, DC, 20009
Service Type: Latino-focused diabetes care; Family care
<https://www.mycci.org>

Mary's Center (FQHC)

- **Adams Morgan**
2355 Ontario Rd NW, Washington, DC, 20009
- **Petworth**
3912 Georgia Avenue, NW, Washington, DC 20011

Service Type: Federally Qualified Health Center Diabetes Care
Appointment Line: (844) 796-2797
<https://www.maryscenter.org/>

Unity Anacostia (FQHC)

2021 Martin Luther King Jr Ave SE, Washington, DC, 20020
Service Type: Federally Qualified Health Center Diabetes Care
<https://www.luminishealth.org/>

Unity Health Care - Brentwood Health Center (FQHC)

1251 B Saratoga Ave NE, Washington, DC 20018
(202) 469-4699
Service Type: Federally Qualified Health Center Diabetes Care
<http://www.unityhealthcare.org>

Unity Health Care (FQHC)

1100 New Jersey Ave SE, Washington, DC, 20003
Service Type: Primary diabetes care
<https://www.luminishealth.org/>

Unity Parkside (FQHC)

765 Kenilworth Terrace NE, Washington, DC, 20019
Service Type: Federally Qualified Health Center Diabetes Care
<http://www.unityhealthcare.org>

Whitman-Walker Health at 1525

1525 14th St NW, Washington, DC, 20005
Service Type: Primary care
(202) 745-7000
<https://www.whitman-walker.org/>

National Diabetes Resources

American Diabetes Association

2451 Crystal Drive, Suite 900, Arlington, VA 22202

Service Type: Education/Advocacy

1-800-DIABETES (800-342-2383)

<https://diabetes.org/> | askada@diabetes.org

Association of Diabetes Care & Education Specialists (ADCES)

125 S. Wacker Dr., Suite 600, Chicago, IL 60606

(800) 338-3633

Service Type: Educator Directory

<https://www.adces.org/>

CDC Diabetes Programs

PreventT2

Service Type: DSMES/DPP Locator

(800) 232-4636

<https://www.cdc.gov>

Nutrition & Food Assistance

Food Distribution Services

Website: pgccouncil.us/1167

Supplemental Nutrition Assistance Program (SNAP)

Provides eligible individuals and families with benefits to purchase groceries at participating stores and farmers markets.

Apply: dhs.maryland.gov/benefits

Phone: 1-800-332-6347

Find SNAP retailers: <https://foodbanklocator.org/>

Maryland Hunger Solutions

Helps with SNAP applications, SNAP case changes, benefit questions, and finding additional food resources.

Phone: 866-821-5552

Website: <https://www.mdhungersolutions.org/>

Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

Provides supplemental foods, nutrition education, and health care referrals for eligible women, infants, and children up to age five.

Phone: 1-800-242-4942

Website: health.maryland.gov/phpa/wic/pages/home.aspx

Prince George's County Emergency Food Assistance Program

Provides donated food at no cost through local food pantries and shelters for eligible individuals and families.

Phone: 301-909-6343

Website: princegeorgescountymd.gov/1679/Food-Assistance

Prince George's County Food Equity Council

Food pantry listings and other food assistance resources.

Website: pgcfec.org/resources/find-food-pantries-listings

Catholic Charities SHARE Food Network

Provides monthly access to healthy, discounted food for ongoing food support.

3222 Hubbard Rd, Hyattsville, MD 20785

(301) 864-3115

<https://www.catholiccharitiesdc.org/program/share-food-network/>

Meals on Wheels

Provides meal delivery services for eligible older adults. Service providers vary by location.

- **Meals on Wheels of College Park**

College Park, Greenbelt, Beltsville, Berwyn Heights, Adelphi:

<https://www.mealsonwheelsofcollegepark.org/>

Takoma Park: 301-434-1922

Cheverly: 301-618-3930

Capital Area Food Bank

Helps residents find local food assistance through a Hunger Lifeline, ZIP-code search, and community partners.

Website: capitalareafoodbank.org/find-food-assistance

(202) 644-9800

Watkins Park Farmers Market

601 Watkins Park Dr., Upper Marlboro, MD 20774

Hours: Saturdays, 10 am–2 pm, late May through mid-November

Website: pgparks.com/Watkins-park-farmers-market

Language assistance is available upon request

Health & Wellness Programs

Maryland-National Capital Park and Planning Commission

6600 Kenilworth Avenue Riverdale, MD 20737

Phone: 301-699-2255 | Maryland Relay 7-1-1

Customerservice@pgparks.com

<https://www.pgparks.com/>

Health & Wellness Programs

Health and wellness classes, activities, and events

Information: 301-446-6800

Email: wellness@pgparks.com

Registration Assistance: 301-699-2255 | Maryland Relay: 7-1-1

Disability Services & Program Access

For information about disability services, accessible programs, or accommodations:

- Disability Services: DisabilityServices@pgparks.com
301-446-3400
- Program Access: Program.Access@pgparks.com
301-249-7200 | Maryland Relay: 7-1-1

Behavioral Health Providers

A Better Tomorrow Starts TODAY

4303 Forbes Blvd. , Lanham, MD 20706
Web Site: <http://www.btstservices.com>
Phone: 301-982.3437 Fax: (301) 345-1022

ALEK'S HOUSE, INC/ Maryland Wellness

1300 Caraway Ct. Suite 207, Upper Marlboro, MD 20774
Web Site: <http://www.alekshousemd.com>
Office: (301) 429-6100 / Fax: (301) 245-7556

Cheverly Health Center

3003 Hospital Drive, Cheverly, MD 20785
Office: 301-583-5920

Community Crisis Services, Inc.

4316 Farragut Street, Hyattsville, MD 20781
Website: <http://www.communitycrisis.org>
General Hotline: Dial 2-1-1 from landline or cell phones
Maryland Crisis Hotline: 1-800-422-0009
Suicide Hotline: 301-864-7130

Dare to Care Too

1400 Mercantile Ln., Suite 252, Largo, MD 20774
Website: www.daretocaretoo.com
Office: 240-528-1680 | Fax: 240-553-1534

Family Behavioral Services, LLC

1835 University Blvd., E Suite 316. Hyattsville, MD 20783
Website: <https://familybyservices.com/>
Office: 301-270-3200 | Fax: 301-270-4600

Family Health Center

3415 Hamilton Street, Suite 9, W. Hyattsville, MD 20782
Website: <http://www.fhcenter.com>
Office: 301-779-2461 | Fax: 301-779-6095

Family Service Foundation, Inc.

5301 76th Avenue, Landover Hills, MD 20784
Website: <https://fsfinc.org/>
Office: 301-459-2121 x200 | Fax: (301) 918-9757

Life Span Behavioral Health Services

7474 Greenway Center Dr., Suite 700-A, Greenbelt, MD 20770
Office: (301) 982-3437 / (301) 969-4090 Fax: (301) 982-9452
Website: www.lsbhtherapy.com

Mary's Center

8908 Riggs Road, Adelphi, MD 20783
Website: <https://www.maryscenter.org>
Office: (844) 796-2797 | Fax: 301-422-5935

Maryland Health Alliance, Inc.

7525 Greenway Center Dr. Suite 207, Greenbelt, MD 20770
Website: <http://md-health.org/>
Office: 240-473-2159 | Fax: (240) 965-6935

National Alliance on Mental Illness (NAMI) Prince George's County

8511 Legation Road, New Carrollton, MD 20784
Website: <http://www.nami.org>
Office: 301-429-0970

Psychotherapeutic Rehabilitation Services (PRS)

337 Brightseat Road, Suite 106, Landover, MD 20785
Website: <https://www.psychotherapeuticservices.com/>
Office: (240) 467-5948 | Fax (240) 334-4848

Prince George's County Multi-Service Center

1401 University Blvd., Hyattsville, MD 20783
Office: 301-434-4890
Spanish-speaking counselor & staff available

Rehabilitation Systems, Inc.

7375 Executive Place, Suite 301, Lanham, MD 20706
Website: <http://www.rehabilitationsystems.org/>
Office: 301-794-9444 | Fax: 301-794-7444

Safe Journey House I

4607 69th Avenue, Landover Hills, MD 20784
Website: <http://www.safejourneyhouse1.com/>
Office: (301) 386-0014 Fax: (301) 386-0018
Services: Mental health crisis beds

Safe Journey House II

6910 Annapolis Road, Hyattsville, MD 20784
Website: <http://www.safejourneyhouse1.com/>
Office: 301-925-9120 | Fax: 301-664-1983
Services: Mental health crisis beds

Vesta Inc. – Lanham

9301 Annapolis Rd., Lanham, MD 20706
Website: <http://www.vesta.org/>
Office: 240-296-6300 | Intake Line: 240-296-5858 |

Hospitals (Prince George's County)

Luminis Health Doctors Community Medical Center

8118 Good Luck Rd., Lanham, MD 20706
(301) 552-8188

Adventist HealthCare Fort Washington Medical Center

11711 Livingston Rd., Fort Washington, MD 20744
(301) 292-7000

MedStar Southern Maryland Hospital Center

7503 Surratts Rd., Clinton, MD 20735
(301) 868-8000

University of Maryland Capital Region Medical Center

901 Harry S. Truman Dr., Largo, MD 20774
(240) 677-1000

PARTIAL LISTING OF COUNTY & COMMUNITY RESOURCES

Please call or visit the organization's website first to verify services, hours, eligibility, and contact information.

Emergency and Crisis Resources

Suicide & Crisis Lifeline

Call or text 988

Homeless Hotline

1-888-731-0999

Food Assistance

Call 2-1-1 for help locating food assistance and other community resources.

Emergency Assistance Program

Assistance may be available for eviction, foreclosure, gas, electric, and water shut-off notices, as well as SNAP (Supplemental Nutrition Assistance Program).
mymdthink.maryland.gov

Prince George's County Health Department

Aisha Braveboy, County Executive

1701 McCormick Drive, Largo, MD 20774

Call Center: 301-883-7814

Hours: Monday–Friday, 8:30 a.m.–4:30 p.m.

Health Department Administration Building

1701 McCormick Dr., Largo, MD 20774

301-883-7814

Wayne K. Curry Administration Building

1301 McCormick Dr., Largo, MD 20774

301-952-4030

Prince George's County Health Department – Cheverly

3003 Hospital Dr., Cheverly, MD 20785

301-883-7879

Health Care & Insurance Resources

Maryland Health Connection

Consumer Support Center: 1-855-642-8572 (toll-free)

Hours: Monday–Friday, 8 a.m.–6 p.m.

Assistance is available in more than 200 languages, as well as Relay services for people who are deaf or hard of hearing.

Health Care Access / PG Health Connect

Provides assistance with Medicaid eligibility and enrollment.

Phone: 301-927-4500

Community Resources and Support

WIC

Hotline: 301-856-9600

Direct: 301-856-9532

Fax: 301-856-9609

Email: knjoyner@co.pg.md.us

Prince George's County Office of Community Relations

For non-emergency County services and assistance, call 311.

9200 Basil Court, Suite 102, Largo, MD 20774

Phone: 301-952-4729 | 301-952-4244

311OnTheGo@co.pg.md.us

Prince George's Health Action Coalition

Provides health information and resources, including a community events calendar and information about Medicaid applications, renewals, and Maryland Physicians Care benefits.

Website: pghealthzone.org

Email: pghac@co.pg.md.us

Coaching Salud Holística

Phone: 301-624-9768

Website: coachingsaludholistica.com

PG Health Zone Resource Library

An extensive directory of Prince George's County community resources, including behavioral health, access to care, disability services, food, housing, maternal and infant health, multicultural and immigrant services, older adult resources, transportation, veterans services, youth services, and funding opportunities.

Website: pgchealthzone.org/resourcelibrary

Prince George's County Memorial Library System - Community Resources

Listings of community organizations, support services, and food assistance resources.

Website: pgcmls.info/community-resources

Food Pantry Listings

Website: pgcfec.org/resources/find-food-pantries-listings

Thank You to All the RAM-Largo Supporters!



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